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## EDITOR'S NOTE

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We are pleased to present this latest edition of the *Journal of Current Clinical Care*, featuring a diverse collection of articles that span the spectrum of medical practice—from innovative dementia interventions to advanced diagnostic approaches in thyroiditis and beyond. Each contribution offers valuable insights for practitioners seeking evidence-based approaches to these common yet challenging conditions.

In our feature article, **Dr. Gabriel Chan** and **Nicky Lam** present compelling research on *Table Tennis and Dementia*. Their environmental scan and literature review demonstrate how table tennis participation improves cognitive, physical, neurological, and psychological functioning in older adults, potentially offering a non-pharmaceutical intervention to slow cognitive decline. The research presents a holistic model for implementation that could transform approaches to dementia care.

Complementing this written research, **Dr. Gabriel Chan** joins **Dr. Michael Gordon** on the *Medical Narratives Podcast* to elaborate on his findings regarding the measurable impact of table tennis on brain health and cognitive function in dementia patients. Listeners will gain practical insights into how this accessible activity might be incorporated into treatment protocols.

**Dr. D'Arcy Little** contributes a comprehensive review of *Thyroiditis*, examining the spectrum of inflammatory conditions affecting the thyroid gland. This thorough analysis covers major classifications, pathophysiology, clinical manifestations, and current diagnostic approaches with particular emphasis on ultrasound features. Dr. Little's expertise illuminates the importance of understanding diverse presentations and appropriate diagnostic pathways for optimal patient outcomes.

In his podcast *Inside Radiology: A Primary Care Perspective*, **Dr. D'Arcy Little** further explores *Rare Diseases Imaging in Primary Care*. The episode offers valuable learning objectives, including reviewing current approaches to rare disease imaging, understanding imaging's role in primary care diagnosis, and examining how AI technologies can enhance diagnostic capabilities for rare conditions.

Rounding out this edition, **Dr. Marina Malak** hosts the *3P: Pills, Pearls & Patients* podcast with *A Closer Look at the Heidi AI Platform*. Dr. Malak provides a practical demonstration of how she integrates the Heidi AI Scribe into her clinical workflow, offering colleagues a window into the evolving landscape of AI-assisted healthcare.

These contributions reflect our continuing commitment to providing practical, evidence-based information across multiple disciplines. We hope you find this edition both informative and applicable to your practice, and as always, we welcome your feedback as we strive to meet the evolving needs of healthcare professionals.