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EDITOR'S NOTE

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I am pleased to introduce the last issue of the Journal of Current Clinical Care for 2022.

**Brandyn Powelske, Greg Kawchuk, and Ted Findlay** present *GLA:D® Back*. While low back pain is one of the most common clinical conditions seen in a family physician's office, there remains a lack of low or no cost initial treatment options that are concordant with recognized best practice guidelines. As a result, many patients are offered investigations and treatments that have limited value and/or significant risks but are readily available through publicly funded provincial health care systems. *GLA:D® Back* builds upon the successful *GLA:D* model (initially developed for hip and knee osteoarthritis patients) by using the same established methodology to deliver a patient education and a targeted rehabilitation program for low back pain.

**Dr. Pradeep Shenoy** an ENT & Neck Surgeon from Campbellton Regional Hospital in Campbellton, New Brunswick offers Part 4 of an *ENT Emergencies CME with a focus on Airway Obstruction*. After participating in this 4-part online CPD Program, physicians, residents and medical students should be able to:

- Recognize that most ENT emergencies can be managed in the ER or by family doctors with knowledge of ENT
- Review that it is important to manage patients promptly and effectively with basic ENT training
- Comprehend when to refer the patients to the ENT surgeon to prevent complications
- Recognize that a few basic investigations will prevent delay to see the patients by an ENT specialist
- Explain the most appropriate investigation to handle ENT treatment

**Dr. Michael Gordon** offers two narratives. The first, *Nine Lives Plus One or Two or Three*, focuses on his personal experiences of taking care of feral cats as well as his love for the Abyssinian breed. The second narrative, *The Most Important Decision of My Life*, explores Michael's decision to leave the United States because he opposed the Vietnam War and settle in Canada.

I hope you enjoy this latest edition. Wishing you a very happy holiday season and best wishes for the new year!